



# KENTUCKY STATE BOARD OF PHYSICAL THERAPY NEWSLETTER

Fall 1998

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## BOARD

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## SANDRA S. PAYNE, PT APPOINTMENT

On July 28, 1998, Governor Paul E. Patton appointed Physical Therapist Sandra S. Payne of Leitchfield in Grayson County to the board replacing Physical Therapist Deborah Tharp of Paintsville, Johnson County, whose second term expired.

We welcome Sandra, a 1967 graduate of Ohio State University. Prior to moving to Leitchfield in 1970, she practiced in Columbus, OH while husband Bill completed his Veterinary degree. Between '70 - '76 she worked part-time both as Veterinary Technician in her husband's "Leitchfield Veterinary Clinic", and as a Physical Therapist; all the while being naturally busy with their two young children. Between '76 - '97, Sandra provided home health through several agencies; and in '79 developed the Physical Therapy Department at Twin Lakes Medical Center in Leitchfield where she continues to serve as Clinical Director. She is active in the APTA & KPTA and is a member of the Hand Therapy special interest group.

Sandra is an active volunteer outside our profession. She organized and remains active in a support group for heart patients, especially CABG patients; and is dedicated to providing service within the Leitchfield United Methodist Church. Sandy & Bill have two grown children, Kristen, completing her advanced degree as a Nurse Anesthetist in Tennessee, and William, a sophomore in Veterinary School at Auburn University.

## DEBORAH B. THARP, PT SECOND TERM ENDS

For many, the name Deb Tharp is synonymous with the Kentucky State Board of Physical Therapy. Deb has devoted many years to ensure that the regulatory practice of our profession is "alive and well," not only in our jurisdiction, but also nationally with the Federation of State Boards of

Physical Therapy (FSBPT). Her volunteer activities within the Federation have been previously documented. Deb was a board member first between '83 - '90; and most recently, '92 - '98. She is again committed to continue volunteering for the Federation. As a founding member of the Model Practice Act Committee, she and other team members have been invited by the APTA to present the Model to individual APTA Chapters for consideration of implementation. We continue to be very proud of Deb.

## *BOARD OPINION: OBRA SCREENING BY THE PHYSICAL THERAPIST'S ASSISTANT* (first published in 06/96)

- 1) The physical therapist's assistant may collect data regarding the patient's disability status.
- 2) The physical therapist must provide the determination of rehab potential, need for evaluation, and must be the professional signing this determination.

The physical therapist's assistant may not interpret data collected for OBRA rehabilitation screening, give the final determination of the patient's rehab potential, or make the determination of the patient's need for a PT evaluation.

This board opinion is based on 201 KAR 22:053 Section 4, Standards of Practice for the physical therapist's assistant (4) & (5):

"(4) Upon direction from the physical therapist, gather data relating to the patient's disability, but not determine the significance of the data as it pertains to the development of the plan of care;

(5) Refer to the physical therapist inquiries that require an interpretation of patient information related to rehabilitation potential;"

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**TWO HOUR HIV/AIDS EDUCATION "UPDATE" COURSE**  
**MUST BE COMPLETED TO RENEW KENTUCKY LICENSE BY 03/31/99**

THESE INSTRUCTIONS ARE INTENDED ONLY FOR PERSONS LICENSED BEFORE JANUARY 1, 1997. PERSONS INITIALLY LICENSED BETWEEN 01/01/97 - 12/31/98 HAVE MET THE REQUIREMENTS FOR THIS RENEWAL BY MEETING THE REQUIREMENTS FOR LICENSURE!

This list of SELF STUDY COURSES is being furnished to assist licensees whose initial Kentucky license, certificate or permit was issued prior to 01/01/97. Those individuals must have completed a Kentucky Cabinet for Health Services approved course in *this licensure biennium* (01/97 - 03/99) which is TWO or more hrs to be eligible to renew your license between 01/01/99 - 03/31/99. You may find completion of a home study course the most convenient way to meet this requirement. Many KY based licensees may meet the requirement through a CHS approved facility based course. Remember that the course number must end in an "M", or if it ends in an "S", must be specific to physical therapy.

MINIMUM COURSE LENGTH IS TWO HOURS FOR LICENSE RENEWAL.

Each of the course providers listed below offers a self-study course(s) either appropriate for all health professions regulated (M), or is specific (S) to physical therapy. Persons completing a course for license renewal are not to send in a copy of the completion certificate to the board unless audited by the board. If you require additional information concerning approved courses or would like to know about courses not listed below, please contact the Cabinet for Health Services in Frankfort, KY 502/564-6539.

**APPROVED SELF STUDY COURSE LIST**

Adherence, Inc Cincinnati OH Jack Justice, PhD	513/794-1642 #0699-919-M 2 HRS \$20	Home Study Educators Miami FL Judi Menth	800/294-4473 #0499-729-M; 4 HRS \$42 #0499-855-M; 2 HRS \$25	Nursing Ed of America Ridgedale MO Marilyn Van Slambrook	800/234-8706 #0899-874-M; 2 HRS \$15 #0500-948-M; 5 HRS \$23
VNA of SW Indiana Evansville IN John Welcher	800/326-4862 #0400-154-S 4 HRS \$25	Nat'l Ctr for Cont Ed Roseville CA Clovis Miller	800/824-1254 #0199-733-M 4 HRS \$29	American Academy of Family Physicians Kansas City MO Peggy Fancolly	816/333-9700 ext 5280 #0200-939-M 5 HRS \$35
Med Ed Grp Learning Sys Jacksonville FL William Ratliff	800/547-0308 #0398-385-S 2 HRS \$25	JT Penny's Inc Jacksonville FL Jean T Penny	800/736-6923 #0100-785-M; 2 HRS \$13 #0100-878-M; 2 HRS \$13	Morehead State Univ Morehead KY Gail Wise	606/783-5128 #0600-898-M 4 HRS \$30
AIDS Impact Seattle WA. Madeline Berry	800/783-2437 #0299-506-M; 4 HRS \$60 #0699-851-M; 2 HRS \$40	Cont. Ed Network Hopkinsville KY Judy Teague	502/887-9315 #0600-802-M 4 HRS \$22	Anderson Continuing Ed Sacramento CA Robert Anderson	800/532-2332 #1099-933-M 4 HRS \$24
Scripps Memorial Hosp Chula Vista CA Margaret Burns	800/523-1973 #0199-558-M; 4 HRS \$69 #0199-568-M; 15 HRS \$99	MESA Educators Tallahassee FL Paul D Hammond	800/597-6372 #0299-834-M 5 HRS \$20	Alliant Health System Louisville KY Connie Anton	502/629-8574 #0300-790-M 2 HRS \$35
Western Baptist Hospital Paducah KY Sherry Jones	502/575-2723 #0699-563-M 2 HRS \$15	Western Schools South Easton MA Chris Olsen	800/438-8888 #0300-915-M 2 HRS \$20	U of L School of Medicine Louisville KY Sharon Whitmir	502/852-5329 #0599-923-M 2 HRS \$55
AKH Orange Park FL Helen M. Holman	800/462-8165 #0799-570-M; 4 HRS \$20 #0499-854-M; 2 HRS \$10	St. Luke Hospitals Florence KY Education Dept	606/572-2410 #0299-844-M 2 HRS \$20	Memorial Hospital of Manchester Manchester KY Scott Treadway	606/598-5104 ext 4232 #0300-942-M 3 HRS \$30
Health Studies Inst Deerfield Beach FL Rita Rauzin	800/700-3454 #0500-634-M 10 HRS \$56	U of L School of Dentistry Louisville KY Richard Miller	502/852-5077 #0299-848-M 3 HRS \$65	U of L Hospital Louisville KY Ruth Carrico	502/562-4085 #0500-950-M 2 HRS \$20
CME Resources Sacramento CA Erin Meinyer	800/232-4238 #0299-911-M 5 HRS \$25	Ephraim McDowell Med Ctr Danville KY Rosalie McKenzie	606/239-1600 #1299-872-M 2 HRS \$20	Osburn Schools San Diego CA Lynn/Ladonna Osburn	800/788-1959 #0600-954-M 6 HRS \$20
Life Preserver Ed Serv Louisville KY Mark Saunders	502/458-9319 #0599-714-M 2 HRS \$35				

The following article is reprinted with the approval from the author, a member of the Physical Therapy Advisory Committee of the Oklahoma Board of Medical Licensure. We feel her explanations of questions commonly put forth to the board are very nicely written.

## THE PHYSICAL THERAPY EXAMINATIONS- WHERE DID THEY GET THOSE QUESTIONS!

By Linda Resnick, PT

I recently overheard two young therapists discussing the licensure examination. "The questions were weird and not what I expected," a female voice said. "I walked out sure I had flunked it," came the reply. If men are from Mars, is the NPTE (National Physical Therapy Examination) from Neptune? I don't think so!

The NPTE is owned and offered by the Federation of State Boards of Physical Therapy, Inc. (FSBPT). The Federation hires a testing service, the Professional Examination Service (PES), and a test vendor, Sylvan, to assist in the development and administration of the examinations. Licensure boards contract with the Federation to use the exam as part of their licensure qualification process.

The Federation conducts a periodic survey or Analysis of Practice which defines "entry-level practice." Based on the Analysis of Practice, a test blueprint is developed which specifies which competencies should be covered on the exam and how these areas should be weighted. The purpose of the NPTE is to test entry-level competence.

The most important people involved in the development of the examinations are many physical therapists and physical therapist assistants who are organized in a committee structure to write and to construct the examinations. Each committee is a group of PT's and PTA's who are selected carefully to reflect diversity within the field of physical therapy. They represent varying geographical areas, clinical and academic settings, specialized clinical areas, etc. The Committees are:

### Item Writers

This is the group that writes test questions and submits them for approval. Item writers are trained in FSBPT workshops and use a standard format to create, write, reference and submit items for review.

### Item Review Bank

A submitted item has a long road to travel before being placed on an examination. First it receives an editing process at PES to ensure the format is correct and to code the item. Then the Review group looks at each item to ensure appropriateness, both in content and in the identified correct answer. If the item does not get approved, either it will be sent back to the Item Writer for revisions or deleted. If it is accepted, it then enters the item bank tagged a "new item."

### Examination Construction and Review

This committee performs the actual work of compiling and reviewing the entire examination. Each PT exam form contains 200 items and the PTA exam has 150 items. The outline of each exam comes directly from the exam blueprint. The outline contains the exact domains covered and percentage of exam questions in each area. As the exam form is created, the entire committee must agree unanimously that the item meets the content area and that there is only one correct answer.

After a new item becomes part of an exam, it is reviewed by statistical measures immediately after the exam administration. The entire exam is critically analyzed to see if items performed as expected and to finalize the data needed to compile the passing score. There are a great many technical steps taken by psychometric experts at PES that help ensure a reliable and valid examination.

### Examination Program Oversight Committee

This group evaluates the overall testing program, setting policy and procedures and makes recommendations to the FSBPT Board of Directors regarding exam issues. I am honored to be an "at large" member of this committee, representing the needs of the jurisdictions regarding the examination program.

The NPTE is really two examinations - one for PT's and a separate one for PTA's. Each test has its own separate committee structure as described above with PTA's usually forming the majority membership of the PTA exam committees.

Test development is an ongoing process and can improve only if constructive feedback is given. Each candidate is given a feedback opportunity at the end of the examination. Also candidates may provide written comments/protests to PES within seven days of taking the examination. All comments are viewed carefully.

The only source of good test questions is the practicing professional. The few who are willing to volunteer their time and skills in exam development make a significant contribution to physical therapy and to the public we serve. If you are interested in becoming a part of this vital process, please contact [me] the Federation of State Boards of Physical Therapy @ 1-703/299-3100 for further information. *Note: The Kentucky Board of Physical Therapy believes the aforementioned information request from our licensees should be directed to Barbara J. Drobins at the FSBPT.*



# DIRECT ACCESS IN KENTUCKY

In 1986, staff to the Legislative Research Commission (LRC) in Kentucky determined that the language in the definition of "physical therapy" found in KRS 327.010(1) permits patients to receive treatment without referral.

## 327.010 Definitions.

"As used in this chapter, unless the context otherwise requires:

(1) "Physical therapy" means ... preventive measures, screening, tests in aid of diagnosis by a licensed doctor of medicine, ...and evaluation and invasive or noninvasive procedures with emphasis on the skeletal system, neuromuscular and cardiopulmonary function, as it relates to physical therapy. Physical therapy includes screening or evaluations performed to determine the degree of impairment of relevant aspects such as, but not limited to, nerve and muscle function including subcutaneous bioelectrical potentials, motor development, functional capacity and respiratory or circulatory efficiency. *Physical therapy also includes physical therapy treatment performed upon referral by a licensed doctor of medicine, osteopathy, dentistry, chiropractic or podiatry including, but not limited to, exercises for increasing or restoring strength, endurance, coordination and range of motion, stimuli to facilitate motor activity and learning, instruction in activities of daily living and the use of assistive devices and the application of physical agents to relieve pain or alter physiological status...*" (Emphasis added)

This decision was predicated by presence of the phrase, "*Physical therapy also includes physical therapy treatment performed upon*

*referral...*". In Kentucky, 'also includes', means, "*but is not limited to*" (treatment performed upon referral...).

Following that decision withstanding additional legal scrutiny, the Board amended language in Administrative Regulations which indicated referral was required prior to treatment. Amendments included a significant requirement in 201 KAR 22:010 Section 2:

## "201 KAR 22:010. Objectives of physical therapy.

Section 2. Patient Management. Adequate, effective, and efficient patient care is the ultimate goal of physical therapy. The physical therapist evaluates each patient, and determines those ways in which he can contribute to total health management. He then plans and implements a treatment program, reevaluating and making modifications as necessary. *A physical therapist shall refer to a licensed physician or dentist any patient whose medical condition should, at the time of evaluation or treatment, be determined to be beyond the scope of practice of the physical therapist.* When basis for treatment is referral, the physical therapist may confer with the referring physician, podiatrist, dentist, or chiropractor. (2 Ky.R. 76; eff. 9-10-75; Am. 7 Ky.R. 310; 442; eff. 11-6-80; 11 Ky.R. 734; eff. 12-11-84; 13 Ky.R. 901; eff. 12-2-86.)

(Emphasis added)

The requirement for the physical therapist to refer a patient whose medical condition is beyond his or her scope of practice is included to provide an appropriate balance to the patients right to direct access.

## ???HAVE YOU MOVED OR CHANGED JOBS???

Name \_\_\_\_\_ License # \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_ County \_\_\_\_\_  
Phone(\_\_\_\_) \_\_\_\_\_

### Primary Work Facility

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_ County \_\_\_\_\_  
Phone(\_\_\_\_) \_\_\_\_\_ Full/Part Time \_\_\_\_\_

MAIL OR FAX TO BOARD (FAX # 502-423-0934)

## CALENDAR OF BOARD RELATED ACTIVITIES

October 17-18, 1998  
November 13, 1998  
November 16-18, 1998  
January, 1999  
February 18, 1999  
March 5-7 1999  
**MARCH 31, 1999**  
April 15, 1999  
June 17, 1999  
August 19, 1999  
October 21, 1999  
December 9, 1999

Federation of State Boards of Physical Therapy Educational Mtg, Charleston, SC  
Board Meeting  
Sandra S. Payne, National Certified Investigator Training, Austin, TX  
Board Mails License Renewal Forms  
Board Meeting  
Federation of State Boards of Physical Therapy Annual Mtg, San Antonio, TX  
**LICENSE RENEWAL DEADLINE**  
Board Meeting  
Board Meeting  
Board Meeting  
Board Meeting  
Board Meeting

Board meetings are held in Louisville at the Board Office; dates subject to change. Please call the board at (502) 327-8497 if you plan to attend.

The Board of Physical Therapy does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in employment or in the provision of services and provides, upon request, reasonable accommodation including auxiliary aids and services necessary to afford individuals with disabilities an equal opportunity to participate in all programs & activities.

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9110 Leesgate Road, Suite 6  
Louisville, KY 40222-5159

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